

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30 ■ Daily News 10:00 ■ Exercises: Balance and Strength 10:30 ■ Noodleball Game 11:00 ■ Alpaca Visit 🐾 2:00 ■ Short Stories: If the Hat Fits 3:30 ■ Happy Hour 🎵 6:00 ■ TV Game Show	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Fun & Games: Yahtzee! 2:00 ■ Men's Club: History of Pirates 3:00 ■ Travel Talk: Tortuga Island 6:00 ■ Movie Night: Resident Choice	9:30 ■ Daily News 10:00 ■ Seated Tai Chi 10:30 ■ Bingo! 2:00 ■ Art Expression: Sharpie tiles 3:00 ■ Sing-Along: Patriotic 4:00 ■ Dice Games: Horse Race 6:00 ■ Movie Night: Comedy
4	Labor Day 5	6	7	8	9	10
9:30 ■ Chair Exercise 10:00 ■ Daily Chronicle 10:30 ■ Sacred Hymns 2:00 ■ Crazy 8's 3:30 ■ Nature Documentary	9:30 ■ Daily News 9:30 ■ Exercise: Ribbon Wands 10:30 ■ Bingo! 2:00 ■ Karaoke to Golden Oldies 3:00 ■ Giant Yahtzee! 6:00 ■ TV sitcoms	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Trivia: September Edition 2:00 ■ Sensory Experience: Apple taste testing 3:00 ■ Courtyard Games: Ladderball 4:00 ■ Garden Care 6:00 ■ Movie Night: Musical	9:30 ■ Daily News 10:00 ■ Exercises: Chair Dancing 10:30 ■ Catholic Communion 10:30 ■ Walking Club 2:00 ■ OUTING: PACE Center Harmony Park 🚗 3:30 ■ Snacks and Facts: Mushroom Hunting 4:00 ■ Let's Play Cards: Residents' Choice 6:00 ■ Classic TV	9:30 ■ Daily News 10:00 ■ Exercises: Balance and Strength 10:30 ■ UNO! Card Game 2:00 ■ Short Stories: Reminiscing Harvest Time 3:30 ■ Happy Hour 🎵 6:00 ■ TV Game Show	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Fun & Games: Pokeno! 2:00 ■ Crafting with Friends: Fall Door Wreaths 3:00 ■ Travel Talk: Scotland/Highlands Festival 6:00 ■ Movie Night: Resident Choice	9:30 ■ Daily News 10:00 ■ Chair Yoga 10:30 ■ Bingo! 2:00 ■ Art Expression: Leaf rubbing 3:00 ■ Sing-Along: Country Favorites 4:00 ■ Dice Games: Cover the Number 6:00 ■ Movie Night: Comedy
11	12	13	14	15	16	17
Grandparents Day 9:30 ■ Chair Exercise 10:00 ■ Daily Chronicle 10:30 ■ Sacred Hymns 2:00 ■ Kings In The Corner Card Game 3:30 ■ Nature Documentary	9:30 ■ Daily News 10:00 ■ Exercise: Balloon Volleyball 10:30 ■ Bingo! 2:00 ■ Manicure Monday 3:00 ■ Giant Yahtzee! 6:00 ■ TV sitcoms	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Eldergrow 2:00 ■ Sensory Experience: Spice Painting 3:00 ■ Courtyard Games: Corn Hole 4:00 ■ Garden Care 6:00 ■ Movie Night: Western	9:30 ■ Daily News 10:00 ■ Exercises: Chair Dancing 10:30 ■ Catholic Communion 10:30 ■ Walking Club 2:00 ■ Scenic Drive Fall Color Tour 🚗 3:30 ■ Snacks and Facts: History of Hershey Chocolate 4:00 ■ Let's Play Cards: Residents' Choice 6:00 ■ Classic TV	9:30 ■ Daily News 10:00 ■ Exercises: Balance and Strength 10:30 ■ Noodleball Game 2:00 ■ Short Stories: Square Dancing 3:30 ■ Happy Hour 🎵 6:00 ■ TV Game Show	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Fun & Games: Yahtzee! 2:00 ■ Men's Club: Oktoberfest 3:00 ■ Travel Talk: Germany 6:00 ■ Movie Night: Resident Choice	9:30 ■ Daily News 10:00 ■ Seated Tai Chi 10:30 ■ Bingo! 2:00 ■ Art Expression: Mosaic Art 3:00 ■ Sing-Along: Musical Movie Hits 4:00 ■ Dice Games: Shut the Box 6:00 ■ Movie Night: Comedy
18	19	20	Alzheimer's Day/ Fall Begins 21	22	23	24
9:30 ■ Chair Exercise 10:00 ■ Daily Chronicle 10:30 ■ Sacred Hymns 2:00 ■ Crazy 8's 3:30 ■ Nature Documentary	9:30 ■ Daily News 9:30 ■ Exercise: Ribbon Wands 10:30 ■ Bingo! 2:00 ■ Karaoke to Golden Oldies 3:00 ■ Giant Yahtzee! 6:00 ■ TV sitcoms	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Trivia Challenge Game 2:00 ■ Sensory Experience: Making Chocolate bars 3:00 ■ Courtyard Games: Ladderball 4:00 ■ Garden Care 6:00 ■ Movie Night: Musical	9:30 ■ Daily News 10:00 ■ Exercises: Chair Dancing 10:30 ■ Catholic Communion 10:30 ■ Walking Club 12:00 ■ OUTING: Dunkin' Donuts 🚗 3:30 ■ Snacks and Facts: Autumn Leaves 4:00 ■ Purple Beaded Bracelets 6:00 ■ Classic TV	9:30 ■ Daily News 10:00 ■ Exercises: Balance and Strength 10:30 ■ Qwirkle and Dominoes Games 2:00 ■ Short Stories: Making Mulled Cider 3:30 ■ Happy Hour 🎵 6:00 ■ TV Game Show	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Fun & Games: Pokeno! 2:00 ■ Crafting with Friends: Clay leaf bowl 3:00 ■ Travel Talk: New Zealand 6:00 ■ Movie Night: Resident Choice	9:30 ■ Daily News 10:00 ■ Chair Yoga 10:30 ■ Bingo! 2:00 ■ Art Expression: Decoupage Bird Bath 3:00 ■ Sing-Along: '50s Classics 4:00 ■ Dice Games: Two Dice Bingo 6:00 ■ Movie Night: Comedy
25	26	27	28	29	30	
9:30 ■ Chair Exercise 10:00 ■ Daily Chronicle 10:30 ■ Sacred Hymns 2:00 ■ Kings In The Corner Card Game 3:30 ■ Nature Documentary	9:30 ■ Daily News 10:00 ■ Exercise: Balloon Volleyball 10:30 ■ Bingo! 2:00 ■ Manicure Monday 3:00 ■ Giant Yahtzee! 6:00 ■ TV sitcoms	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Eldergrow 2:00 ■ Sensory Experience: Drumming 3:00 ■ Courtyard Games: Corn Hole 4:00 ■ Garden Care 6:00 ■ Movie Night: Western	9:30 ■ Daily News 10:00 ■ Exercises: Chair Dancing 10:30 ■ Catholic Communion 10:30 ■ Walking Club 2:00 ■ Scenic Drive 🚗 3:30 ■ Snacks and Facts: Weird Pets 4:00 ■ Let's Play Cards: Residents' Choice 6:00 ■ Classic TV	9:30 ■ Daily News 10:00 ■ Exercises: Balance and Strength 10:30 ■ Flyball Game 2:00 ■ Short Stories: Gene Autry Biography 3:30 ■ Happy Hour 🎵 6:00 ■ TV Game Show	9:30 ■ Daily News 10:00 ■ Exercises: Stretches 10:30 ■ Fun & Games: Yahtzee! 2:00 ■ Men's Club: Woodworking Puzzle Projects 3:00 ■ Travel Talk: Vermont in the Fall 6:00 ■ Movie Night: Resident Choice	